



Chewable Tablets with Actilight® High fibre



Method

With Turbula T2F blender, blend the main filler and the colouring during 5min. Add Actilight®, citric acid, intense sweetener and powdered flavour, blend during 2min. Add magnesium stearate and blend for 1min. Compress at 10kN.

Recipe

Ingredients	% by weight
Actilight® 950P – scFOS powder	75
Merisorb® SD 250 – sorbitol powder	23.4
Magnesium stearate <i>Sigma Aldrich</i>	1
Flavour orange <i>Silesia</i>	0.33
Citric acid <i>Jungbunzlauer</i>	0.2
Sucralose <i>JK Sweet</i>	0.01
Colouring E110 <i>Déco'Relief</i>	0.07

Merisorb®

- » Sorbitol powder
- » Sugar free
- » Directly compressible
- » Cooling effect upon dissolution
- » Rapidly soluble in water
- » Improved taste and mouthfeel of chewable tablets

Actilight®

- » Soluble dietary fibres
- » Short chain fructo-oligosaccharides (scFOS)
- » Prebiotic properties
- » Caloric value: 2 kcal/g

These chewable tablets are formulated with sweeteners.

Nutrition facts

	/100 g	/3.7 g = 6 tablets
Energy (kJ / kcal) of which FOS 2 kcal/g	829 / 198	30 / 7.3
Protein (g)	0	0
Carbohydrate (g) of which	26.8	1
- sugars (g)	23.3	0.1
- polyols (g)	3.6	0.9
Fat (g) of which saturates	0 0	0 0
Fibres (g) of which scFOS (g)	67.7 67.7	2.5 2.5
Sodium (g)	0	0

Characteristics

Weight (mg)	616
Hardness (N)	100

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