



Instant cocoa with Actilight[®],
 Meritose[®] and Maldex[®]
 Reduced sugars - High fibre

Method

All powder ingredients are directly blended in a mixer.

Recipe

	% by weight
Sucrose	12
Actilight[®] 950P scFOS	16.5
Cocoa powder <i>Barry Callebaut</i>	13.3
Meritose[®] 220 dextrose monohydrate	3.8
Semi skimmed milk powder	41
Maldex[®] G190 maltodextrine	12.5
Vanilla flavour <i>Silesia</i>	0.2
Salt	0.6

Actilight[®]

- » Soluble dietary fibres
- » Short chain fructo-oligosaccharides
- » Prebiotic properties
- » Caloric value: 2 kcal/g

Nutrition facts

% by weight	Dry powder/100 g	Cocoa drink/100ml
Energy (kJ/kcal)	1521 / 363	305 / 72.8
Energy reduction (%)	11	11
Protein (g)	15	3
Carbohydrate (g)	48.3	9.7
of which		
- sugars (g)	36.3	7.3
- sugars reduction (%)	42	42
Fat (g)	13.1	2.6
of which		
- saturates	7.6	1.5
Fibre (g)	18.4	3.7
- prebiotic fibre	14.9	3.0
Sodium (mg)	228	44

Sample usage: 20 g powder in 100 ml hot water

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